

## CQI in Action

Integrating Quality throughout Michigan's Home Visiting System



## Hello!

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# Learning Objectives

- Participants will be able to describe how a multi-layered strategy can be used to build a home visiting system that supports quality.
- Participants will be able to identify practical tools for making quality improvement accessible for home visiting practitioners.

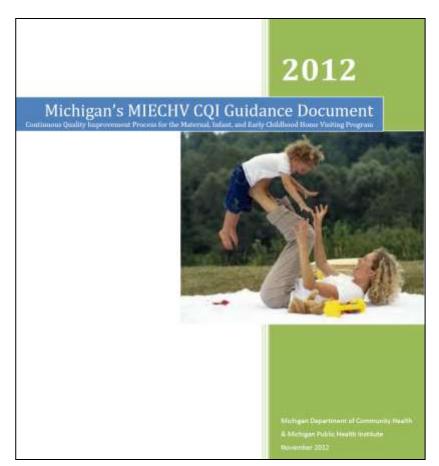


# Goals & Strategy

- MI will employ QI methods and tools to:
  - Improve the home visiting system in MI;
  - Ensure programs are delivered with model fidelity; and
  - Ensure programs are meeting legislatively mandated benchmarks over time.

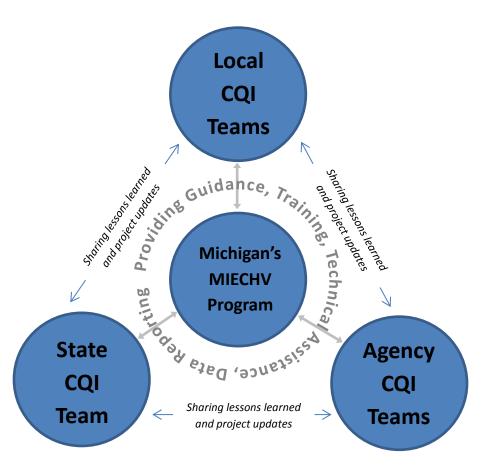
#### o Four components:

- Establishing state, local, and agency CQI teams
- Developing the capacity to ensure data availability and access
- Monitoring progress toward objectives
- Sustaining CQI as a way of doing business





## Structure

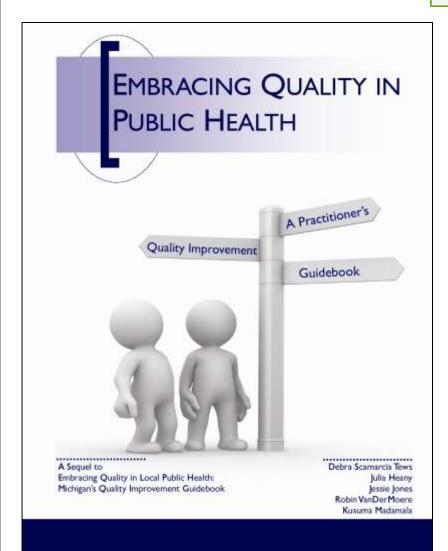




## Learning Approach

- Principles
  - QI can help you better meet the needs of your families
  - QI can make your job easier and more fun
  - QI builds on what you already know & already do
  - You don't have to be an expert in QI to use QI effectively
  - Learning QI is an active process
  - Quality is engrained in an organization's culture when it's used on an every day basis to solve every day problems
- o Modes:
  - Training
    - o In person, 2 days
  - Learning Meetings
    - Quarterly (1 in person, 3 webinar)





- Applying QI in a public health context:
  - Quality Fundamentals
  - Customers, Clients, and Stakeholders
  - Organizing a QI Project
  - Writing an Aim Statement
  - The Importance of Data
  - QI Tools
  - Culture of Quality
  - Evaluation v QI
  - Real-world Case Studies
- Written BY and FOR practitioners



#### Day 1

- Michigan's MIECHV CQI Guidance Document
- Quality Improvement Introduction
- Review Baseline Data and Identify a QI Opportunity
- Plan-Do-Study-Act (PDSA)
  - Stage One, Steps 1, 2, and 3
    - Problem Statement
    - Aim Statement
    - Team Charter
    - Process Map
- Wrap Up
  - Evaluations, Questions, and What's Next

#### Day 2

- Plan-Do-Study-Act (PDSA)
  - Stage One, Steps 3, 4, and 5
    - Fishbone
    - Brainstorming
    - Affinity Diagrams
    - Run Charts
    - Pareto Charts
- Stage Two, Step 6
- Stage Three, Overview
- Stage Four, Overview
- QI Project Tips
- Next Steps
- Evaluations, Questions, and Wrap Up



# Resources & Expectations

- Resources
  - Quarterly Data Report
  - Technical Assistance
- Expectations
  - Begin 3 QI cycles per year
  - Produce a team charter & storyboard (or narrative report) to document your work



I. Improved Maternal and Child Health								
Construct	Measure	Numerator	Denominator	Quality Improvement Target	Program Result	All MIECHV Programs	# of Programs Reporting	
	Prenatal care visits received by women enrolled prenatally who have given birth	NA	NA	Mean number of prenatal care visits received by women enrolled prenatally who have given birth increases	Cohort 1 n = Mean visits =	Cohort 1 n = Mean = Highest mean = Lowest mean =		
	Number of months pregnant when women enrolled prenatally received their first prenatal care visit	NA	NA	Mean number of months pregnant when women enrolled prenatally received their first prenatal care visit decreases	Cohort 1 n = Mean months =	Cohort 1 n= Mean = Highest mean = Lowest mean =		
Alcohol, Tobacco, or Illicit Drugs		~	# of female caregivers enrolled	90% of female caregivers are screened for alcohol/drug use within the first 6 months of enrollment	Cohort 1 # screened: # of female caregivers: % screened by 6 months:	Cohort 1 # screened: # of female caregivers: % screened by 6 months:		
	Female caregivers who screen positive for use of alcohol, tobacco, or illicit drugs are referred for services	who are referred	# of female caregivers who screen positive for alcohol, tobacco, or illicit drugs	90% of female caregivers who screen positive for use alcohol or drugs are referred for services by 6 months of enrollment	Cohort 1 # screened positive who were referred: # screened positive: % screened positive and referred:	Cohort 1 # screened positive who were referred: # screened positive: % screened positive and referred:		
3. Pre-conception Care	Biological mothers have access to family planning services	# of biological mothers who have access to family planning services	# of biological mothers enrolled	90% of biological mothers have access to family planning services by 6 months of enrollment	Cohort 1 n = % = Missing (not included in 'n' or '%') =	Cohort 1 n = Mean = Highest % = Lowest % =		



QITEAM CHARTER							
I. Team Name:	2. Version:	3. Subject (Target Area):	8				
4. Problem / Opportunity Sta	tement:						
5. Team Sponsor (Health Off	icial):	6. Team Leader & Scribe:	6. Team Leader & Scribe:				
7. Team Members:		Role:					
8. Process Improvement Are	a.						
9. Initial Aim Statement:							
10. Revised Aim Statement (	1):						
11. Scope (Boundaries)/Team	Authority:						
12. Customers (Internal and	External):	13. Customer Needs Addres	13. Customer Needs Addressed:				
		_					
14. Success Measures (What does success look like!):							
15. Considerations (Assumpt	ions / Constraints /	Obstacles):					
16. PDSA Timeline:	Date						
Plan							
Do	di Ja						
Study							
Act	(S						
17. Meeting Frequency:							
18. Communication Plan (Who, How, and When):							
19. Stakeholders (Internal and External):							
20. Improvement Theories (IfThen):							
If .	Then						
If	Then						



#### **MIECHV Program CQI Story Board**

**Home Visiting Program Name** 

Home Visiting Program Model: Counties Served: Population Served: CQI Team Members:

Quality Improvement Story Board CQI Project Title



PLAN

Identify an Opportunity and Plan for Improvement 4. Identify Potential Solutions

STUDY

Use Data to Study Results of the Test

7. Study the Results

1. Getting Started

Affinity Diagram

Problem Statement

2. Assemble the Team

5. Develop an Improvement Theory

Improvement Theory

ACT

Standardize the Improvement and Establish Future Plans

 Standardize the Improvement or Develop New Theory

3. Examine the Current Approach

Process Map

Aim Statement

DO

Test the Theory for Improvement

6. Test the Theory

9. Establish Future Plans

Fishbone Diagram



### Results

- EHS program found a 66.8% increase in the completion of well baby exams
- EHS program found a 84% increase in the completion of HOME assessments
- HFA program increased by 5% the number of completed intake assessments
- HFA program doubled program enrollment, achieving full enrollment
- NFP program eliminated attrition during infancy for excessive missed visits



# Competitive Grant Study

- Deigned to test the IHI Learning Collaborative (LC) Model as a strategy for improving implementation quality
  - Invited sites to participate via request for applications
  - Conducted 3 learning sessions and 2 action periods from February, 2013 – August, 2013
  - Tracked measures of implementation quality at baseline and monthly
  - Implemented 2 PDSA cycles as a collaborative
  - Measured change over time
  - Gathered data on participation, satisfaction, barriers, successes



# Competitive Grant Study Results

#### O Cycle 1:

- Problem Statement: Families are not receiving the number of home visits that they should based on model requirements.
- Aim Statement: By May 14, 2013, the QIC will increase by at least 5% the number of families receiving the number of home visits they should.
- **Result:** In the months before the LC started, between 55-63% of families received the number of visits they should. By May 14, 2013, 74% of families were receiving the number of home visits they should.



# SO... Michigan \*\* s Learning Collaboratives

- Added a Statewide Learning
   Collaborative to our QI model in FY14:
  - Two benchmark specific topics:
    - Reducing ED visits
    - Improving service referrals
  - Initial learning meeting completed on January 14<sup>th</sup>



## Lessons Learned









### Lessons Learned

- This is a marathon, not a sprint pace yourself
- Data is a double edged sword be ready for analysis paralysis
- Find a happy balance between flexibility
   & taking the lead
- Don't let perfect be the enemy of the good



Start now.
Start today.
Just start.



Home visiting will be better because you did.



# Thank you!!

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